



"Where Students and Families are #1"

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ORANGE KARATE CENTER / OCTOBER NEWSLETTER 2014

From the Desk of Sensei Davis



It seems like we are entering into a very busy time of year. OKC has a long-standing tradition of supporting many charities between now and the end of the year and we remain so grateful for your support and your generosity! Information follows, in this newsletter, of what's to come and who we help so that you can be prepared should you decide to participate this year.

I want to personally thank all of you who have complied with our "Sick/No Karate Class" policy. Staying home when under the weather helps keep both our students and staff members much healthier. Please remember to speak with your children about the importance of washing their hands often and not touching their face (especially eyes, nose and mouth) and covering their mouth and nose when they cough or sneeze, as this greatly reduces the spread of infection.

Another word of thanks to all of our families who are so mindful of paying their tuition on time! As we get into the major holidays of the year it is easy to forget about this, but again, you are all so terrific in remembering OKC and that keeps our dojo running smoothly! Thank you! Thank you! Thank you!

A Big "Thank you" to our BBC/GOLD TEAM



for doing such a great job in decorating our dojo for Halloween! Our Sempais came together on Friday, October 3rd and spent their meeting time arranging for all of our decorations. It was great fun and there was a real party atmosphere, as they enjoyed great snacks, drinks and fellowship with each other. I know our students and families appreciate their hard work and creativity! Way to GO!!!

October is Domestic Violence Awareness Month

Domestic violence is an issue that affects everyone! During the month of October, please join me in wearing the color purple in show of your support for the work being done to help those being abused.

Here are some statistics that you may find startling and information to follow that might assist someone who is living in this nightmare:

- 1 in 4 women will be physically assaulted by a jealous boyfriend or husband during her lifetime;
- 1 in 5 teenage girls will experience dating violence;
- Children who grow up in homes with domestic violence are more likely to become abusers or be the abused in their adult relationships;
- One-third of all 911 calls reporting domestic violence are made by children (Orange County, CA – Domestic Violence Court)
- 90% of elder abuse is committed by family members
- In Orange County, 26.3% of women surveyed said they have experienced domestic violence....the state average is 20.5%

If you or someone you know is suffering and in an abusive relationship – please know there are options. **Information and support is available by contacting any of the 24 hour hotline numbers listed below – *please don't be afraid to make this call!***

Human Options: 877 854 3594

Laura's House: 866 498 1511

Women's Transitional Living Center (WTLC): 714 992 1931

Interval House: 714 891 8121

Acts of Charity in the Coming Weeks

OKC Jacket, Blankets and Food Drive runs from now through November 14th. Please bring all of your outgrown jackets, blankets, and non-perishable food items to our dojo! Clothing items must be clean and in good repair. This charity drive supports Mary's Kitchen which serves the homeless and poor of our community. Sweaters, sweatshirts, adult, children AND outgrown baby clothing is appreciated. You may wish to include personal hygiene items too (new toothbrushes, soap, toothpaste, deodorant, etc.) Thank you for your help – it is much needed!

Christmas Family Sponsorship

Our studio will once again be sponsoring families for the Christmas Season. Look for the special ornaments on our Christmas Tree and select an opportunity to provide a gift for families who have been touched by acts of violence during the past year. Our gifts help support this main event for Sexual Assault Victim Services of Orange County and the District Attorney's Office which work with women, children and men who have been hurt by acts of violence. More information will be coming about the specific families we will be helping. Many thanks to all of you in advance, for making this a great and worthy project of OKC!

OKC Holiday Retail Sales Coming Soon!

Need to upgrade your gear? Need a second uniform to make life easier for Mom? Want to purchase some really cool martial arts stuff? Our Holiday Sale will be kicking off into full gear by the end of this month. You'll want to order early to get great discounts on all of your martial art needs. PLUS this year OKC will cover the cost of the shipping/handling fees and retail tax!!!! Help support our dojo by purchasing your martial art supplies from OKC!!!



OKC Welcomes 12 New Students!

This past month, OKC welcomed into membership 12 new students and their families. We know our veteran families will help make our new family members feel at home and we are grateful for the hospitality you extend to the new faces among us. To all of our new students and families we say "Welcome! And we're glad you're here!!!)

Halloween Costume Days October 29th and 30th.



Yep, it really is that time of year again when our students exchange their uniforms for all kinds of other costumes in celebration of Halloween fun. Please remember that no face paint is allowed (including glitter!) AND no super scary, gory or violent costumes, out of respect for our younger students. Students may come on either the 29th or 30th (not both days) for our celebration and good times. Olivia will be joining us on those days too – yes, she will have a costume of her own and be ready to have her picture taken with all of

you! Should be two-tons of fun!!!

Last Call for “Where Has Your OKC T-shirt Been” Photo.

We are still waiting for any last minute submissions for summer photos of you wearing your OKC T-shirt while on vacation. The last day to turn these in will be October 30th (we extended it 30 days to give everyone a chance). So, get your photo in, so you can be part of the fun!

Many thanks to all of you for making OKC such a great place to be!

